

National 4-H Council and Subway Launch "4-H Sundays at Subway" to Promote Healthy Living

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Every year, 4-H's (US's youth development organization) across the country lead community programs to promote the importance of eating well and being physically active. This summer, participating Subway restaurants are partnering with 4-H to bring more resources for local Healthy Living programming with 4-H Sundays at Subway.



Visit your local Subway to enjoy a meal and support local 4-H Healthy Living programs.

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Each Sunday this summer, through August 27, participating Subway restaurants will make a donation to their local 4-H. Subway will donate up to \$116,150 total to 4-H Healthy Living programs.

In addition to the restaurant donations, participating 4-H states can win \$15,000 more when 4-H youth, families and supporters participate in the *4-H Sundays at Subway* Photo Contest and share a photo of their dining experience. The state with the most photos wins \$15,000; the runner-up state will win \$5,000.

Select markets across Alabama, Georgia, Indiana, Kentucky, North Carolina and Ohio are participating in the summer promotion.

The *4-H Sundays at Subway®* grants will make it possible for more youth in communities across the country to experience youth-led, hands-on programs in nutrition education, cooking, physical activity and emotional well-being.

"National 4-H Council is thrilled to be partnering with Subway on the *4-H Sundays at Subway®* promotion this summer," said Jennifer Sirangelo, president and CEO, National 4-H Council. "Subway's® support of local 4-H Healthy Living programs will not only help empower youth and their families with quality healthy living educational opportunities, but it will also engage and inspire youth to build leadership skills and help make positive changes in their community."