

Australia designs digital toolkit to help prevent childhood obesity

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Aware of the powerful role played by digital technologies, Dietitian and UQ Research Fellow Dr Oliver Canfell is part of a team developing an online tool kit that can be used to prevent obesity in the young.

The first step towards achieving that goal is the Precision Support for Preventing Childhood Obesity (PRECISE) program, a partnership between UQ and Health and Wellbeing Queensland (HWQld).

Almost 20 health professionals including GPs, child health nurses and dietitians have been recruited from across Queensland to design the digital solutions to focus on prevention in routine practice.

The tools designed in the PRECISE program will be available via Clinicians Hub, a central digital platform created by HWQld to help health professionals effectively prevent and manage childhood obesity.

HWQld Chief Executive Dr Robyn Littlewood said "Clinicians Hub offers a variety of clinical tools, resources and training to help health workers identify, prevent and talk about childhood obesity with confidence and impact.