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Souper Fond meal preparation for parents with nourishing broths

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Singapore-based Souper Fond is launching nourishing broths to help parents add essential nutrients to their children's meals. It can be difficult to introduce infants to new foods as their teeth are still growing and they may be averse to unfamiliar textures. Souper Fond's ready-made broths are the perfect way to make mealtimes simpler and more pleasant without compromising nutrition.

Souper Fond is a supplier of nourishing broths for infants and adults alike. The broth offerings range from chicken collagen broth, fish broth, ikan bilis & soybean collagen broth, rich beef broth and more. Every broth packet is the meeting point of nutrition and convenience for all ages. The broths are great on their own or can be used as the base for soups, stews, gravies and sauces.

Broths are liquid gold for infants as young as eight months old as the long process of simmering bones, cartilage and vegetables extract essential nutrients and vitamins for their growth. The fluid nature is easier to ingest and digest compared to solid foods, making them suitable for infants. Given the small appetites of children, every mouthful has to be packed with nutritional value. Collagen broths are rich in nutrients such as calcium, magnesium, phosphorus, and glucosamine, which can contribute to bone health, support the immune system, and aid in overall nutritional balance.

"From one mother to another, we know how crazy mealtimes can be because we've been there too. After getting home from work, starting to prepare meals while our child began to fuss was frustrating for us and our children" affirmed Bianca Seng, Founder & CEO. "As a mother, we want our best for our children and Souper Fond's packaged broths are our answer to nutritious meals and precious mealtimes."

Unlike mass-produced stock cubes filled with artificial flavourings and preservatives, Souper Fond's broths are made without salt, sugar, MSG, preservatives, or colourings making them perfect for children. With 100 per cent real ingredients, they are an easy way to broaden your child's palate and strengthen their immune system while cutting down meal prep time immensely.