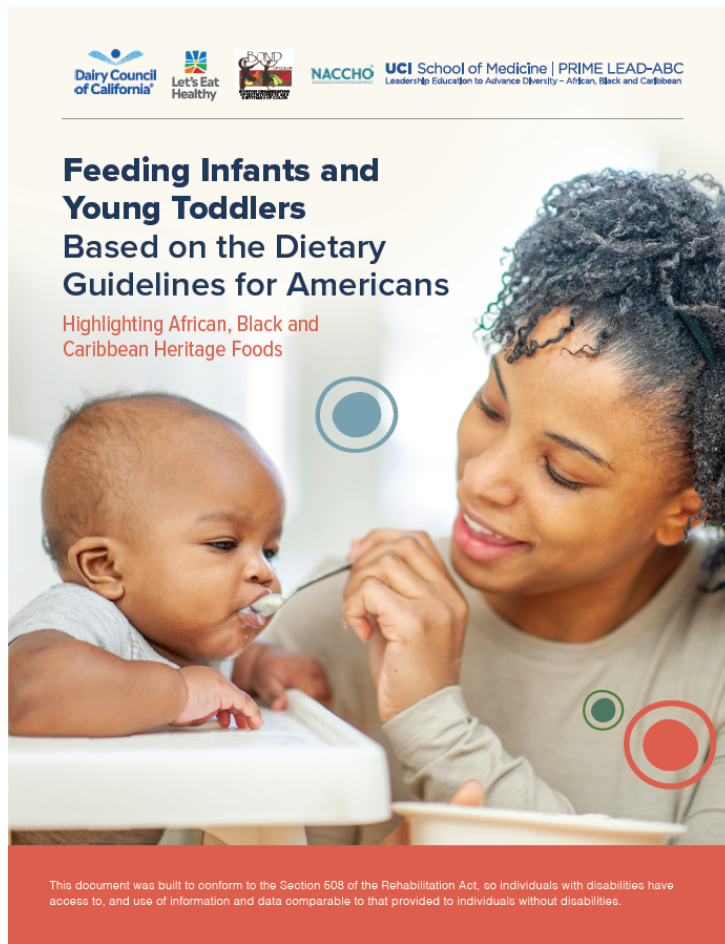


Dairy Council of California releases culturally responsive nutrition resources available to Afro-American community

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Dairy Council of California prioritises the unique nutrition needs of children, with a focus on the first 1,000 days of life, from birth to age 2 years, a critical growth and development period. Dairy Council of California, a leader in nutrition education and advocacy, announced the release of a culturally responsive resource to support infant and toddler nutrition for African American families. "Feeding Infants and Young Toddlers: Highlighting African, Black and Caribbean Heritage Foods" was produced with \$10,000 in project funding from the National Association of County and City Health Officials under the Reducing Breastfeeding Disparities through Continuity of Care project, which is funded by the Centres for Disease Control and Prevention.



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Dairy Council of California served as lead consultant to coordinate the development of the critical resource, collaborating with the University of California, Irvine School of Medicine and its physician training program Leadership Education to Advance Diversity-African, Black and Caribbean. Boston Organisation of Nutritionists and Dietitians of Color, a professional organization devoted to increasing the number of African American and Afro-Caribbean nutritionists and dietitians and providing nutrition education in the community, also collaborated on the resource.

Dairy Council of California prioritises the unique nutrition needs of children, with a focus on the first 1,000 days of life, from birth to age 2 years, a critical growth and development period. This resource provides an actionable way to better reach families with culturally tailored resources that are relevant and relatable.