

MigraKet brings first medical food for migraine

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International wellness brand Brain Ritual is launching MigraKet, a revolutionary approach to migraine management developed by renowned neuroscientist and former chronic migraineur, Elena Gross, PhD. With the U.S. release of MigraKet, sufferers of migraine can anticipate a newfound hope in managing their condition effectively.

Different from drugs, painkillers and injections that address migraine symptoms, MigraKet is the first holistic medical food formulation for the management of a potential root cause of migraine. Crafted with high quality, bio-identical nutrients, and bioactive ketone bodies, MigraKet addresses dysfunctional brain energy metabolism, which can trigger a migraine attack, the body's warning signal to "de-stimulate."

"Migraine is a complex condition that demands a deeper, multifaceted approach to management," stated Dr Gross. "We want migraine sufferers to regard their pain as a helpful alarm - alerting them of a critical system breakdown. Rather than simply silencing the alarm with pain medication, MigraKet addresses metabolic malfunction, while supporting whole body, multi-system wellness."

Currently, migraine remains second among the world's causes of disability, and first among young women. Chronic migraine is defined as having headaches on at least 15 days per month, with eight of these having migraine symptoms, for at least three months. Metabolism-related migraine, which affects 30 per cent-80 per cent of migraine sufferers, can be associated with migraine attacks triggered by certain foods/drinks, lack of food or oxygen, dehydration, toxins/oxidative stress, intense exercise, lack of sleep or other trigger factors connected to metabolism.

MigraKet presents a beacon of light for those grappling with migraine, offering a comprehensive approach to symptom management.