

Eisai to provide guidance on reducing risk of cognitive decline and nutrition

04 February 2025 | News

These documents are being provided to food-related companies, including those offering home delivery meal/meal kit services



These documents are being provided to food-related companies, including those offering home delivery meal/meal kit services

National Center for Geriatrics and Gerontology and Eisai Co., Ltd. announced that Eisai has created the “Guidance on Reducing the Risk of Cognitive Decline and Nutrition” and the “Handbook for Developing Home Delivery Meals/Meal Kits that Contribute to Reducing the Risk of Cognitive Decline” under the supervision of NCGG. These documents are being provided to food-related companies, including those offering home delivery meal/meal kit services.

A healthy diet has been known to play an important role throughout life in growth, development, and disease prevention. In recent years, its potential benefit in the prevention of dementia and mild cognitive impairment (MCI) has also been reported. As the understanding of the importance of early detection and intervention for cognitive decline is increasing, an appropriate diet is considered to be a key element in reducing the risk of dementia.

NCGG promotes initiatives both to publish research findings that contribute to maintaining cognitive function and improving public nutrition and to implement these findings within society. Eisai aims to contribute to the solution of dementia-related challenges by leveraging its 40 years of research and development experience in the field of dementia and collaborating with various partners. Under the supervision of NCGG, Eisai reviewed 8,269 domestic and international studies regarding nutrition and diets that reduce the risk of cognitive decline, applying the results to the creation of guidance regarding the types of diets that may potentially reduce the risk of cognitive decline.