

Angel Yeast unveils yeast protein for muscle gain

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In recognition of World Health Day 2025, themed "Healthy Beginnings, Hopeful Futures," Angel Yeast, an innovation-driven global biotechnology brand, is championing inclusive health solutions that transcend gender, age, and geography. At the heart of this commitment is its breakthrough Yeast Protein, a sustainable and scientifically proven nutritional solution designed to support muscle health, enhance overall wellness, and promote long-term vitality for people of all backgrounds.

Aligned with the World Health Organization's call to build healthier foundations for all communities, Angel Yeast is encouraging the incorporation of yeast protein into everyday diets—via shakes, bars, or functional foods—as a complete, ethical, and eco-friendly protein source that empowers healthier lifestyles and more resilient futures worldwide.

With the rise of fitness trends, an increasing number of people are focusing on scientifically proven methods to build muscle and enhance athletic performance. Among various nutritional supplements, yeast protein is emerging as a popular choice for fitness enthusiasts due to its unique nutritional value and scientifically validated benefits. Today, we explore the research behind yeast protein's role in muscle growth and uncover its remarkable advantages.

Yeast protein is a high-quality natural protein derived from *Saccharomyces cerevisiae* (brewer's yeast). It contains all essential amino acids required by the human body, with a balanced amino acid profile that ensures efficient absorption and utilization. Notably, yeast protein boasts high biological value, safety, sustainability, and eco-friendliness, making it widely applicable in both conventional and functional foods.