NFFOODS Spectrum
perspectives on food technologies & business
ASIA

Lallemand Health Solutions named finalist for â??Ingredient of the yearâ?? award

10 April 2025 | News

Cerebiome For Skin by Lallemand Health Solutions has been pre-selected for the Ingredient of the Year in the Beauty from Within category



Cerebiome For Skin by Lallemand Health Solutions has been pre-selected for the Ingredient of the Year in the Beauty from Within category

Lallemand Health Solutions announced that it has been shortlisted for the 2025 NutraIngredients Awards in two categories.

Cerebiome For Skin by Lallemand Health Solutions has been pre-selected for the Ingredient of the Year in the Beauty from Within category. A recently published dermatologist-supervised open-label clinical study investigated the effects of Cerebiome on 35 healthy Caucasian women aged 30-45 over 8 weeks. Participants took 3 billion CFU of Cerebiome once daily [Kassem et al., 2025]. This study employed validated questionnaires and standard biometric instruments commonly used in the cosmetic industry. The results showed significant reductions in perceived stress, benefits for sleep, and improvements in skin appearance, including enhanced skin hydration, reduced wrinkles and fine lines, improved skin tone, and increased skin firmness and elasticity.

Ã?lodie Aragon, Product Manager at Lallemand Health Solutions, adds: â??We are proud that our ingredient has been chosen as one of the three finalists for Ingredient of the Year in the Beauty from Within category. Our latest study opens possibilities for the creation of new products focused on skin health, as well as dietary supplement solutions for cosmetic brands looking to launch beauty-from-within skin care routines. Cerebiome is already a well-known, easy-to-formulate psychobiotic in the supplement market, with many commercial successes worldwide. With this innovative, one-of-a-kind proof-of-concept study, we offer opportunities for our customers to have solutions for the booming nutricosmetics market.â?