

ADM's Fibersol approved by Therapeutic Goods Administration (TGA) as ingredient in Australia

29 September 2025 | News

Fibersol has been extensively researched, demonstrating its potential across a wide range of health indications



Fibersol has been extensively researched, demonstrating its potential across a wide range of health indications

ADM, a global leader in innovative solutions from nature, announced that Fibersol, a premier line of soluble prebiotic fibers, has received approval from the Therapeutic Goods Administration (TGA), part of the Australian Department of Health, for use as an active ingredient in biologicals, listed medicines, and prescription medicines. The approval expands Fibersol's role beyond conventional food and beverage applications into dietary supplements and other regulated health product categories.

"Securing TGA approval for Fibersol marks a significant development for ADM," said Helen Hu, president of health & wellness APAC at ADM. "It allows our customers to highlight Fibersol's clinically supported health benefits on packaging, providing clear value in a category where consumer trust is essential. In today's dynamic health and wellness market, regulatory approvals are more than a requirement; they are a mark of credibility. With this approval, ADM continues to deliver science-backed solutions that give brands a competitive edge and consumers greater confidence in their choices."

Backed by more than 100 scientific publications, Fibersol has been extensively researched, demonstrating its potential across a wide range of health indications. Clinically documented results show that Fibersol:

- Promotes the growth of beneficial gut bacteria
- Supports a healthy gut microbiota and overall digestive health
- Nourishes intestinal flora and maintains a balanced intestinal environment
- May delay hunger and support normal production of GLP-1 and peptide YY3
- Consumption of Fibersol-2 is associated with a reduction in the uptake of sugars from dietary carbohydrates and in the absorption of dietary triglycerides

In addition to its clinically supported benefits, Fibersol is well-tolerated and versatile, with stability observed under heat, acid, shear, and freeze/thaw conditions. Its neutral taste profile makes it easy to incorporate across foods, beverages, and dietary supplements, enabling brands to deliver enjoyable, gut-friendly products without compromising on taste or texture.